

The **Little's Soccer Program** is our beginning level program that introduces the game of soccer. Players range from 3 to 5 years old, provided for boys and girls.

The Little's Soccer Program is for players that fit the following criteria:

- Entry / Beginning Level Players
- Players are new to the game, or have some experience playing in prior programs

Player Requirements:

- There are **no player requirements** in order to participate in this level
- Players will learn the **basic fundamentals** and **methods** of the game

The Little's Program teaches the following:

- Fundamentals
 - Simple touches when dribbling the ball
 - Not just kicking the ball
 - Controlled touches when stopping the ball
 - Learning how to step on the ball
 - Passing (sharing) the ball with teammates
 - Learning to shoot and score!
- Methods of the game
 - Introduce the rules and methods of how to play the game
 - Introducing short-sided games
 - 1 v 1, 2 v 2, 4 v 4
 - Emphasizing on teamwork
- Development in Motor Skills
 - Stretching
 - Running activities
- Development in Social Skills
 - Helping improve with:
 - Communicating and listening
 - Following directions
 - Making new friends
 - Cooperating and sharing with others
 - Being comfortable in a new environment



ADVANCING TO LEVEL 2
FUTSAL DEVELOPMENT PROGRAM – RECREATION LEVEL
Development Program Pathway

Next Program's Expectations:

- After players age out of the Little's Soccer Program, we transition all our programs into the game of **FUTSAL!**
- **What is Futsal?**
 - Futsal is a short-sided version of soccer. It's a 5 v 5 game, played on a flat surface, using a weighted ball, no walls allowed, and regular indoor soccer shoes are used.
- The **Futsal Development Program – Recreation Level** (*Level 2 in our Development Program Pathway*), is a beginning level program that helps introduce the game of futsal and continue the player's development.