

DSF DEVELOPMENT SCHOOL OF FUTSAL PROGRAM

Development Program Pathway – Level 4

The **Development School of Futsal Program (DSF)** is our competitive level program that helps develop players' ability to play the game of futsal in an intense and challenging environment. Players range from 6 to 15 years old, provided for boys and girls.

The DSF Level is for players that fit the following criteria:

- Competitive Level
- Players have competitive experience playing futsal or soccer
- Players participate in Academies, MLS Next, Club Soccer (Flight 1, Gold, Premier), ECNL/ECRL, EA, or equivalent levels
- Players are mentally prepared for an intense and competitive training environment

Players must meet the following **EXPECTATIONS** and **REQUIREMENTS** to participate:

Player Expectations:

- Players are expected to understand and apply all the lessons the **FDP - Club Level** teaches
- Players must be able to adapt to an **intense** and **competitive** training environment

Player Requirements:

- Players are required to know the following **standard techniques** and be able to apply in a **fast-paced** training environment:
 - Dribbling Skills
 - Controlled touches when dribbling
 - Rollovers
 - Backheels / L-Turns
 - Scissors
 - Pullbacks
 - Good Control of the Ball
 - Sole touching (Stepping on the ball)
 - First touch (receiving of the ball) under pressure
 - Passing
 - Wall Passes / Give and Goes
 - One touch passing

The DSF Level focuses its lessons on the following topics:

- Technique:
 - Continuous improvement on all the “**Required Standard Techniques**” stated above
 - Continuous improvement with dribbling skills
 - Continuous improvement with ball control
- Tactics:
 - Introduce the rules and methods of the game
 - Emphasizing the importance of possession
 - Positioning of players when playing
 - Applying different formations
 - Transitions
 - Defensive and offensive strategies
 - Introducing different rotations when playing
 - Movements on and off the ball



ADVANCING TO LEVEL 5

SELECT TEAMS

Development Program Pathway

Next Program’s Requirements:

- **Toque Select Teams** (*Level 5 in our Development Program Pathway*) is an advanced level program that offers an opportunity to experience futsal at its highest level amongst quality players and coaches, competing at Regional, National, and International Levels.
- If coaches feel players are prepared for the Select Team Level, players will be invited to try out.
- Players are mentally prepared to train amongst advanced level players, coaches, and be able to compete and perform at the highest level.